

# VIRTUAL INSURANCE OFFICE HOURS + WORKSHOPS



## Dates

## Times

Thurs. July 2	12:00 pm - 2:00 pm
Tues. July 7	8:00 am - 10:00 am
Wed. July 8 **	11:00 am - 12:00 pm
Thurs. July 9	1:00 pm - 3:00 pm
Mon. July 13 **	1:00 pm - 2:00 pm
Wed. July 15	1:00 pm - 3:00 pm
Mon. July 20	9:00 am - 11:00 am
Thurs. July 23 **	9:00 am - 10:00 am
Tues. July 28 **	10:00 am - 11:00 am
Wed. July 29	9:00 am - 11:00 am

## OPPORTUNITIES TO:

- Learn about your Cigna insurance options
- Understand the difference between the Network, HSA and HRA medical plans
- Learn cost effective ways to manage your health

**Office hours** are a free period to ask questions

**\*\* Workshops** include a presentation + Q&A

*Note: This does not replace the process of calling Cigna Customer Service (1-800-244-6224) for services such as claims, billing, & provider questions*

**Cigna Engagement Advisor**  
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